Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations. Saturday 27th and Sunday 28th July 2018

2019 RTTC National 25 Miles Time Trial Championship

Promoted by Velo Club Long Eaton

Officials Event Secretary:

Rob Wild, VC Long Eaton 36 Blandford Avenue, Long Eaton, Nottingham, NG10 3LG 07740477662

Timekeepers:

- Mr. T Bailey (Coalville Wheelers CC)
- Mr. N Portess (Melton Olympic CC)
- Mr. G Green (Team Bottrill)
- Mr. S Custance (Beeston RC)
- Mr. P Martin (South Pennine RC)
- Mr. W Stanley (Melton Olympic RC)
- Mr. B Liddle (Velo Club Long Eaton)

Course Details. A25/11 (REVISED 2019):

- Start at lighting column no. 105138 by field gate on A5132, Hilton.
- Proceed to roundabout where turn left up slip road to join A50 westbound.
- Across THREE roundabouts (Sudbury, Uttoxeter Racecourse, McDonalds)
- Take slip road at JCB interchange.
- At roundabout at top of slip road turn right, crossing the A50 to next roundabout where turn right to take slip road onto A50 eastbound. (CARE: ROAD TURNS BACK ON ITSELF).
- Re-join A50 (12.5 miles).
- Retrace on A50 eastbound, across THREE roundabouts
- Take slip road A516 Derby West.
- At Willowpit roundabout take second exit onto A516 to finish approximately 50 yards after right hand turn signposted Etwall.

AFTER FINISHING: NO U-TURNS ON A516. EITHER CONTINUE TO TURN LEFT INTO ASHE LANE OR TO ROUNDABOUT WHERE TAKE THIRD EXIT TO RETURN TO ETWALL VILLAGE

Directions to the start from HQ:

The start is approximate 1.5 miles from the HQ, from the car park follow signs for the A50, at Willowpit island proceed straight over the two roundabouts.

Due to the nature of the start area, a holding pen for waiting riders will be operational, strictly 3 riders only behind the timekeepers, **ALL** other riders should wait at the starting pen. Please do not warm up on the course, there is a variety of roads close to the start to use for warming up. **STRICTLY NO PARKING AT THE START.**

Event HQ.

Frank Wickham Hall, Portland Street, Etwall. DE65 6JE.

Parking:

Parking is strictly restricted at the HQ for race officials, disabled badge holders and para cyclists only.

Competitor parking is available at John Port School (opposite Spread Eagle PH) which will be

signposted. Note the car park is one way, starting from the south entrance. Upon arrival you will directed to an appropriate parking space relative to your vehicle size, please park considerately and do not leave space for gazebos and turbo trainers, there will be sufficient space for turbo trainers behind your parking space. You will be asked to move your vehicle if occupying multiple spaces.

DO NOT PARK IN EITHER PORTLAND STREET OR THE ACCESS DRIVE TO THE VILLAGE HALL.

The quickest way to the HQ is back through the car park main entrance, across the road and cut through the park, alternatively to walk turn into Willington Road (next to Spread Eagle PH), then immediately right into Portland Street. Continue up the hall drive, over speed bumps. The hall will be open from 1400 hours Saturday and 0500 hours Sunday. NO CYCLING SHOES IN THE HALL.

Race Numbers:

Will be available at the HQ and will be issued after signing-on. In accordance with Championship Conditions only numbers provided by the organizer should be used. Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards). Riders must also sign out at the end of the event. Failure to do so will result in a DNF.

Awards:

The presentation will take place as soon as possible after the event has finished. Please make every effort to stay and applaud the prize winners.

IN THE INTEREST OF YOUR OWN SAFETY. Cycling Time Trials and the event promoters strongly recommend that you wear a hard-shell helmet. Riders under 18 MUST wear a hard-shell helmet. We also recommend, even in strong sunlight, the use of a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

<u>No</u>	<u>Name</u>	Club	<u>Cat</u>
	<u>Juniors</u>		
1	James Lloyd	Oxonian CC	17
2	Aimee Lane	Wyre Forest Cycle Racing Club	W 15
3	Oliver Smyth	Macclesfield Wheelers	15
4	Sophie Heighton	Stockton Wheelers CC	W 12
5	Joshua Tarling	Team Backstedt Bike Performance	15
6	Eva Callinan	Liv AWOL	W 15
7	Finlay Tarling	Team Backstedt Bike Performance	12
8	Thomas Heighton	Stockton Wheelers CC	15
9	Charlie Paige	Green Jersey RT	18
10	Oliver Rees	HMT Hospitals Giant Cycling Team	18
11	Kieran Morris	Total Tri Training	18
12	Matthew Stretton	Team PB Performance	18
13	Harry Kirby	Bicester Millennium CC	17
14	Isaac Russell	Team PB Performance	17
15	Thomas Day	Giant CC Halo Films	17
16	Sam Murray	DRAG2ZERO	16
17	Olly Wilkins	VeloVitesse/ALLCAP/James Barry/SiS	17

18	Tristan Pilling	Team SB Hub	17
19	Fabien Large	NOPINZ	17
20	Euan Backus	ZeroBC Race Team	17
21	George Elliott	Innovation Racing	17
<u>No</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>
	<u>Women</u>		
22	Jan Scotchford	North Lancashire Road Club	C
23	Anne Staley	Mercia - Lloyds Cycles CC	F
	Jessica Beyer-		
24	Lyons	Nottingham Clarion CC	А
25	Hilary Johnson	Derby Mercury R C	E
26	Maggi Biggs	Team Bader Amputees	F
27	Louise Scupham	Liv AWOL	
28	Hannah Fawcett	Liverpool Braveheart Bicycle Club	
29	Diane Hynam	Bynea Cycling Club	F
30	Joscelin Lowden	The Independent Pedaler	
31	Joanne Jago	Performance Cycles CC	
22	Thoraca Taylor	Ribble Valley Crossroads Care Cycling	D
32	Theresa Taylor	Team	D
33	Crystal Lane	Glossop Kinder Velo Cycling Club Didcot Phoenix CC	F
34 25	Alison Vessey Jennifer Millmore		F
35		Islington Cycling Club	•
36 27	Lisa Davis	trainSharp Semercet Bood Club	А
37	Roxane Heaton	Somerset Road Club	
38	Sue McFarlane	Army Cycling	D
39 40	Sarah Soden	Leicester Forest CC	D
40	Megan Dickerson Marianne Holt	Bristol South Cycling Club	
41		Team Bottrill	D
42	Sarah Short		D
43 44	Hannah Bayes Sandra Burrows	Liv AWOL Vive Le Velo	C
44 45			C
45	Emily Meakin Charlotte	The Independent Pedaler	
46	Boothman	ABC Centreville	
47	Lydia Watts	Team 22	
48	Jo Corbett	Mapperley CC	E
49	Jill Bartlett	Hounslow & District Whs	D
50	Sally Turner	trainSharp	
51	, Sarah Matthews	a3crg	D
52	Keri Parton	Pro Vision Cycle Clothing	
53	Louise Hamilton	Mountain Goat Coaching	В
	Clementina	Ũ	
54	Davies	Yeovil Cycling Club	А
55	Stephanie Post	Team Bottrill	
56	Neah Evans	Team HUUB	
57	Sue Cheetham	North Lancashire Road Club	D

	Courtney		
58	Edmonds	Bike Jockey CC	
59	Liz Batt	Buxton CC/Sett Valley Cycles	С
60	Liz Powell	DRAG2ZERO	А
61	Gillian Campbell	Born to Bike - Bridgtown Cycles	D
62	Kirsty McSeveney	a3crg	
63	Deborah Sheridan	Warwickshire Road Club	E
64	Janet Fairclough	St Helens CRC	D
65	Victoria Smith	AeroCoach	
66	Alex Clay	AeroLab Ward WheelZ	
67	Katrina Rye	Army Cycling	
68	Vicky Gill	DRAG2ZERO	
69	Sarah Harrison	Sheffield Triathlon Club	В
70	Alice Lethbridge	DRAG2ZERO	
71	Anneleen Bosma	Team LDN	
72	Mandy Bunn	Datalynx-Parenesis Cycling	C
73	Anna Turvey	DRAG2ZERO	
74	Kelly Murphy	Storey Racing	
75	Emma Lewis	The Independent Pedaler	
76	Tracy Rowlinson	Lyme Racing Club	C
77	Hayley Simmonds	AeroCoach	
<u>No</u>	<u>Name</u>	<u>Club</u>	Cat
	<u>Men</u>		
		Vala Club Lang Fatan	
1	Karl Gregg	Velo Club Long Eaton	В
1 2	Russell Carter	South Pennine RC	B D
2 3	Russell Carter Barrie Whittaker	South Pennine RC Lyme Racing Club	D E
2	Russell Carter Barrie Whittaker Michael Wilkinson	South Pennine RC Lyme Racing Club North Notts Olympic CC	D E D
2 3	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club	D E D C
2 3 4	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs	D E D C C
2 3 4 5	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift	D E D C
2 3 4 5 6 7 8	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers	D E D C C E
2 3 4 5 6 7 8 9	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC	D E D C C E F
2 3 4 5 6 7 8 9 10	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC	D E D C C E
2 3 4 5 6 7 8 9 10 11	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling	D E D C C E F C
2 3 4 5 6 7 8 9 10 11 12	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC	D E D C C E F
2 3 4 5 6 7 8 9 10 11 12 13	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club	D E D C C E F C
2 3 4 5 6 7 8 9 10 11 12 13 14	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston	D E D C C E F C
2 3 4 5 6 7 8 9 10 11 12 13 14 15	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC	D E D C C E F C A A
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs	D E D C C E F C A A E
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin Chris Dyason	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs Cambridge CC	D E D C C E F C A A
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin Chris Dyason Scott Gurnett	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs Cambridge CC Minehead Cycling Club	D E D C C E F C A A A E G
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin Chris Dyason Scott Gurnett Lee Heron	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs Cambridge CC Minehead Cycling Club Banbury Star Cyclists' Club	D E D C C E F C A A E
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin Chris Dyason Scott Gurnett Lee Heron Hadyn James	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs Cambridge CC Minehead Cycling Club Banbury Star Cyclists' Club	D E D C C E F C A A A E G
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin Chris Dyason Scott Gurnett Lee Heron Hadyn James Steve Savage	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs Cambridge CC Minehead Cycling Club Banbury Star Cyclists' Club Velolife Leicestershire RC	D E D C C E F C A A A E G A
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	Russell Carter Barrie Whittaker Michael Wilkinson Richard Boot Nick Hanson Randle Shenton Alastair Ribbands Michael Stevens Alastair Semple Lloyd Dobson Dave Walker James Brayford Lee Spoor Adrian Lane Nick Frewin Chris Dyason Scott Gurnett Lee Heron Hadyn James	South Pennine RC Lyme Racing Club North Notts Olympic CC Beeston Cycling Club Seacroft Whs Team Swift Manchester Wheelers Melton Olympic CC Stafford RC Army Cycling Weaver Valley CC Lyme Racing Club Tri Preston Loughborough Students CC Bournemouth Jubilee Whs Cambridge CC Minehead Cycling Club Banbury Star Cyclists' Club	D E D C C E F C A A A E G

24	Gavin Stevens	Royal Air Force Cycling Association	
25	Lloyd Chapman	Plomesgate CC	
26	Darren Yarwood	Vive Le Velo	В
27	Jaco Van Gass	Para-T	
28	Cliff Beldon	Selby CC	G
29	Ben Love	Rhos-on-Sea CC	А
30	Daniel Northover	Finsbury Park CC	А
31	Alexander Royle	Manchester Bicycle Club	
	Jonathan		
32	Robinson	Army Cycling	В
33	David Clements	Eastbourne Rovers CC	В
34	Rob Vessey	Didcot Phoenix CC	D
35	Leon Wright	Race Hub	
36	Nicholas Candy	North Road CC	
37	James Ison	Melton Olympic CC	
38	Daniel Shackleton	ABC Centreville	В
39	Edwin Kaye	Alford Whs	В
40	Ian Holbrook	Stone Wheelers CC	С
41	Mark Flannery	Team Swift	В
42	Brett Davis	Lewes Wanderers CC	В
43	Alex Allen	Royal Navy & Royal Marines CA	
44	Sam Morris	Revolutions Racing	
45	Mark Smith	Crawley Wheelers	В
46	Julian MacBride	Team Kirkley Cycles	
47	Neil Mackley	a3crg	D
48	, Robert Borek	Bristol South Cycling Club	
49	Simon Drewett	Fairly United Cycling Team	С
50	Jonathan Gates	Royal Air Force Cycling Association	А
51	Adam Robertson	University of Bath Cycling Club	
52	Steve Gibson	Peak Road Club	С
53	Lee Aston	Sodbury Cycle Sport	В
54	Ben Stead	ABC Centreville	
55	Keith Murray	DRAG2ZERO	А
56	Chris Loake	AeroCoach	
57	Joseph Costello	Walsall Roads Cycling Club	Е
58	Colin Parkinson	South Western Road Club	D
59	Michael Wills	Team Lutterworth Cycle Centre	E
60	Joshua Sandman	CES Sport	-
61	Sebastian Dickson	AeroLab Ward WheelZ	
62	Sean Hunt	Lincoln Wheelers CC	D
63	Adam Darby	Transition Race Team	2
64	Philip Brown	Walsall Roads Cycling Club	F
65	David Langlands	Team Bottrill	Ċ
66	Philip Jones	Transition Race Team	C
67	Neil Poulton	Ogmore Valley Wheelers	
68	David Beattie	Hawick Cycling Club	
00			

69	Steve Burrows	Vive Le Velo	Е
70	Liam Maybank	Twickenham CC	В
71	David Mead	Race Rapid	А
72	Angus MacInnes	Royal Air Force Cycling Association	С
73	Jonathan Barnes	Hereford Triathlon Club	
74	John Cooke	Pure Motion Cycling Club	
75	Adam Duggleby	Vive Le Velo	
76	Ian Guilor	Mapperley CC	С
77	James Garrett	Rugby Velo	
		Velo-One Cycling Team(Staples	
78	Antony Gough	Vegetables/Neil Palmer Electrical)	А
79	Ed Tarelli	Race Hub	В
80	Brett Harwood	Team Bottrill	А
81	Robert West	AeroCoach	А
82	Keith Dorling	Team Bottrill	Е
83	Will Pegg	Stone Wheelers CC	В
84	David Clark	Eastbourne Rovers CC	С
85	James Rix	Team Bottrill	А
86	Billy Jarish	Rose Race Team	
87	Ben Stowe	Hemel Hempstead CC	
88	Chris Day	Selby CC	
89	Daniel Shaw	Halifax Imperial Wheelers	С
90	Tom Ward	AeroLab Ward WheelZ	
91	Felix Wilkinson	Giant CC Halo Films	
92	Michael Hill	Chester RC	
93	Gareth Williams	Twickenham CC	С
94	Robert Francis	A2B Cycle Repair Race Team	
95	Phil Williams	Liverpool Phoenix CC (Aintree)	
96	lan Patterson	Utag RT	С
97	Adam Wild	GS Metro	
98	Anthony Jackson	Nottingham Clarion CC	
		VITUS PRO CYCLING Powered by	
99	Timothy Torrie	BROTHER UK	
100	Matt Langworthy	Mid Devon CC	
101	Robert Willcocks	Royal Air Force Cycling Association	
102	Michael Schofield	Bishop's Stortford CC	С
103	Joe Le Sage	Rutland Cycling Club	В
104	Matthew Alder	Fairly United Cycling Team	А
105	Chris Boddy	AeroCoach	
106	Arthur Franklin Paul David	Portishead Cycling Club	
107	Fleming	Preston Whs	С
108	Nev Martin	GS Metro	Е
109	Richard Smith	Army Cycling	
110	Matthew Smith	DRAG2ZERO	А
111	Joseph Dobson	Manchester Bicycle Club	
112	Russ Danckert	Army Cycling	

113	Tim May	PDQ Cycle Coaching	А
114	Martin Canes	Chelmer CC	
	Christopher		
115	Fennell	The Independent Pedaler	
116	Jack Levick	Rose Race Team	
117	Sean Vincent	Race Hub	В
118	Phil Brooke	SKCC	В
119	Keith Ainsworth	Sheffrec CC	Е
	Marcin		
120	Bialoblocki	NOPINZ	
	RESERVES		
121	Bob Awcock	Born to Bike - Bridgtown Cycles	Н
122	Paul Dean	Macclesfield Wheelers	D
123	Jac Gruffydd	Energy Cycling Club/Clwb Beicio Egni	
124	Ben Williams	i-Team Cyclists Club	